



## DURING THE GAME

**. Do not have close contact with anybody. To have close contact means to be within 6 feet distance for 15 or more minutes.**

- . Maintain physical distance among groups who do not live in the same household.
- No spitting will be allowed on the field or sidelines.
- All participants should cover their mouth while coughing or sneezing (e.g. with the nape of their elbow).
- All participants should avoid touching their face with their hands.
- Shared equipment (e.g. soccer balls, discs etc) should be sanitized as frequently as possible